

## Information for patients: Recommendations for Mothers who are Breast Feeding

This leaflet explains the precautions women who are breast feeding their infants should take before and after the administration of a radiopharmaceutical.

By following this advice from the national guidelines, the radiation dose to your infant as a result of this test will be insignificant.

### *Before the test*

At least one feed should be “banked” before the test – milk should be expressed and stored in a refrigerator or freezer.

The infant should be fed naturally just before the test.

### *After the test*

Three to four hours after the test, you should express your milk as completely as possible and discard this milk. You may feed your baby with the previously “banked” milk at this time.

### *Resuming normal breast feeding*

The recommended delay period before you may recommence breast feeding is dependent on the type of test carried out.

After a thyroid uptake scan, normal breast feeding may recommence

### **24 hours after the test.**

Milk expressed within this time should be discarded.

**Please speak to a member of staff if you have any concerns**

### **Department Contact Details:**

Tel: 020 3299 3153

### **Opening Hours:**

Mon-Fri, 9am – 5pm